



Alexis McGill Johnson  
President and CEO

Dear Friend,

Furious. Afraid. Concerned.

These words encompass the emotional turmoil that many of us have been experiencing since the U.S. Supreme Court placed control of our bodies in the hands of state lawmakers.

Today, more than one in three women of reproductive age across the country, plus many transgender and nonbinary people, live in states without access to abortion — endangering the lives of millions.

The laws that those politicians have passed — which the Supreme Court greenlighted — have forced people into dire positions. Some have made the costly decision to travel hundreds, or even thousands, of miles across state lines to get the health care they urgently need. Others have resorted to self-managing their abortion outside of the medical system. Many have no choice but to remain pregnant against their will because they fear criminalization or lack the funds to travel out of state.

Planned Parenthood has been working aggressively to meet the needs of patients everywhere — especially those facing disproportionate barriers to health care access due to racial injustice and economic inequality. With more states pushing hostile abortion bans and restrictions, more people are counting on us to address the critical, growing need for care and support.

And we're counting on people like you — people who care about reproductive freedom and the future of our fundamental rights — to help meet this historic challenge.

**That's why I'm urging you to join us in the fight to connect people to care by making a gift of \$20, \$25, \$50, or even \$100 to Planned Parenthood Federation of America today. Your generosity will help ensure that we have the resources necessary to make the full spectrum of sexual and reproductive health care accessible and affordable for everyone, everywhere — no matter what.**

The abortion access crisis is ongoing, and the financial toll of traveling out of state can add up quickly.

Take Charlie, a mother of two who lives in San Antonio, Texas, where abortion is banned. Charlie's closest option for care is more than 600 miles away in Las Cruces, New Mexico. The cost for her to access an abortion — including travel, lodging, food, child care, wage losses, and medical care — totals over \$1,700.

8.5 hours  
drive time

## CHARLIE'S COST OF CARE

Date: 10/2023

GAS	\$192
MOTEL	\$75
FOOD	\$72
CHILDCARE	\$540
MEDICAL CARE	\$550

Total: \$1429

Cash:

Change:

Bank Card:

\*\*\*\* \* 1234

+ \$304  
lost wages

TOTAL = \$1733

stop  
for gas  
twice?

Rent a  
car?

(over, please)

The financial and emotional toll of traveling out of state to get a legal abortion is different for every patient. However, Charlie's story, like countless others, demonstrates how anti-abortion laws have created a cruel and inhumane reality.

Planned Parenthood affiliate staff and providers are doing everything in their power to make sexual and reproductive health care accessible to all. We're doing that by:

- **supporting patients directly** to help pay for travel, overnight stays, and other related expenses, including the cost of an abortion;
- **deploying patient navigators** to help people who need abortions find providers, schedule timely appointments, and make travel arrangements — as well as assist them with other logistical issues such as child or elder care;
- **advocating for legal or constitutional protections** to build and expand the network of safe states where access to abortion is protected;
- **recruiting providers** to build capacity at Planned Parenthood health centers in abortion access states — which have become regional hubs for patients traveling from states with abortion bans or severe restrictions; and
- **expanding the use of telehealth** to improve access to birth control and abortion where allowed, and to make that access more equitable.

**Planned Parenthood is doing this work to build a better future — one that goes beyond the protections of *Roe v. Wade* and guarantees that anyone can access sexual and reproductive health care, no matter who they are, where they live, or how much money they have.**

Planned Parenthood affiliates — supported by Planned Parenthood Federation of America's Public Policy Litigation & Law teams — are litigating in state courts to protect abortion access. Currently, bans are blocked in several of the cases where Planned Parenthood affiliates are plaintiffs, including Ohio, Iowa, and Utah.

We are also advocating for judicial reforms to restore people's trust in the courts and prevent our opposition from exploiting the judiciary by "judge shopping" for jurists that they think will agree with them — regardless of precedent. These reforms include expanding the Supreme Court, establishing term limits for Supreme Court justices, and overhauling the judicial ethics system.

**We're working on multiple fronts to make abortion accessible and affordable for every person who needs care. However, with restrictions to care on the rise, it's crucial that everyone who cares about bodily autonomy steps up and helps us meet the resulting demand.**

It's never been more urgent for you to put your beliefs into action and join us in connecting people to the care they need.

Please let us — and the patients who rely on Planned Parenthood — know that you're on our side by making as generous a gift as you can today.

Sincerely,



Alexis McGill Johnson  
President and CEO  
Planned Parenthood Federation of America

P.S. A future where sexual and reproductive health care are affordable and accessible for all is possible — but each of us must be actively engaged in fighting for that future. Join us in the fight by making a gift to Planned Parenthood Federation of America today.



# **INSIDE: THE HIDDEN COSTS OF CARE WITHOUT *ROE***

